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School of Education and Psychology

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Winter 2010

## Unraveled Winter 2010

Southern Adventist University

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## NEW FOUNDATION

### Southern to Offer Clinical Psychology Emphasis

Students interested in pursuing a career as a therapist or counselor have another option for their undergraduate studies. Starting in the fall, the School of Education and Psychology will offer a bachelor of science in psychology with a clinical concentration.

"We want to offer a bachelor's that serves as a foundation for training in

counseling," says Ruth WilliamsMorris, professor of psychology.

For students who know they want to pursue a master's degree in counseling or psychology, this track provides an excellent jumpstart toward that objective. The new clinical track does not require a minor but includes additional required classes in psychology.

The track also offers an intriguing

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# From the dean's desk

Spring is a great time in the School of Education and Psychology, bringing new experiences and opportunities. I am especially excited about the new academic programs that will enhance the learning opportunities for students. Our recent initiatives will continue to influence the residents of Summerour Hall and those in the community.



**John Wesley Taylor V**

A recent addition to the bachelor of science in psychology is a clinical concentration. We want to give students a program that suits their interests and career goals in counseling and psychology while preparing them for graduate school. The story on the new clinical track appears on the cover.

We are thrilled when students are successful in their educational endeavors. Part of our celebration appears on pages 4 and 5, as we highlight our May 2010 graduates. We salute our students for their accomplishments and encourage them to follow God's leading for their futures.

Some of our graduates decide to pursue their master's degree at Southern. The School of Education and Psychology offers graduate degrees in education and counseling. Learn more about our programs on page 3.

Keeping in touch with others is an essential part of our lives. Read about recent happenings in the lives of our staff and alumni on pages 6 and 7.

Finally, we are enthusiastic about the increase of academic research on our campus. The second volume of the *Journal of Undergraduate Interdisciplinary Research*, published by the School of Education and Psychology, includes manuscripts from five different disciplines.

Thank you for reading *Unraveled*. We hope you enjoy this issue and welcome your feedback.

## J.I.U.R. Features Research From Various Disciplines

From beauty to horses to logic, the *Journal of Interdisciplinary Undergraduate Research (J.I.U.R.)* offers an assortment of studies in its 2010 volume.

The research of Southern students Patricia Lewis, Devin Neubrander, Wyntre Robinson, and Jessica Stollenmaier, as well as a multi-author manuscript led by Audrey Cooper, were included in the second volume of the journal.

The research topics include empowering female offenders on probation and parole, self-rated physical attractiveness,

using logic to examine a confounding paradox, openness to equine therapy, and the role of southern women during the Civil War.

"We are pleased to have five excellent research articles from a variety of disciplines," says Rob Coombs, professor of psychology and editor-in-chief of the *J.I.U.R.* "These manuscripts represent some of the finest research work

done by students at Southern."

The journal was produced by the School of Education and Psychology.

To learn more about the *J.I.U.R.*, call 423.236.2765.



## Outdoor Education Program Enjoys Remodeled Building

The newly remodeled Outdoor Education Center is a welcomed change for the outdoor education staff and students.

"We have a facility that we're proud of and functions well for both office space and instruction," says Marty Miller, associate professor of education. "Plus, the new building's architecture connects us with the outdoors and the outdoors program."

The facility includes a classroom with a projector, sound system and white board, and space for the outdoor education graduate assistants.

The Outdoor Education Center is on University Drive next to the University Health Center, and is conveniently next to Southern's "outdoor classroom," which includes a natural rock climbing tower and a challenge course.

**UNRAVELED**  
Volume 3

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# Graduate Programs Offer Flexibility to Students

From clinical mental health to outdoor teacher education, the School of Education and Psychology offers a total of six graduate options with flexible scheduling, which may appeal to students seeking to continue their schooling.

“These graduate degrees prepare outstanding professionals to acquire tools to make a difference in the world,” says John Wesley Taylor V, dean of the School of Education and Psychology. “We offer these programs in formats that incorporate field experiences; mentoring; and of course, flexibility through hybrid, online, and face-to-face formats.”

The student’s graduate program schedule depends on the degree he or she chooses to pursue.

Classes for school counseling and mental health counseling are offered during evenings throughout the year. The school counseling degree can be completed in two years; the mental health counseling degree can be attained in about 2 1/2 years.

To obtain an education graduate degree, students take courses during June and July for three summers. Classes in hybrid format are also available during the academic year as



**Associate Professor Marty Miller discusses an edible wild plant with James Reynaert, an outdoor education graduate student. Miller teaches outdoor education master’s classes at Southern. (Photo by Fred Boettcher)**

part of 10-day intensive sessions.

Students seeking a master’s with an emphasis in outdoor education can finish in three to four semesters and have two options for attendance. Outdoor professional intensives allow professionals to continue working while enrolled. Attendance at a 10-day

intensive course is required; students also have additional projects to tackle in an outdoor setting afterward.

The other option for outdoor education students is the summer field school, which allows teachers to attend three eight-week sessions during the summer.

## Foundation: Clinical Emphasis

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perk—as part of the program, students will complete two master’s courses in their senior year and graduate with six graduate hours under their belt.

“Our master’s in counseling program is the best kept secret among undergraduate students,” WilliamsMorris says. “We want students to know what options are available to them after they finish their bachelor’s degree.”

Colleen Mitchell, assistant professor of psychology, will serve as the undergraduate coordinator for students pursuing the clinical concentration. She

will help prepare students for entry into their graduate programs.

“Many of our students anticipate moving into a clinical field,” says John Wesley Taylor, dean of the School of Education and Psychology. “Students can also integrate graduate courses, and that puts them a step ahead.”

For junior psychobiology major Stefanie Kulik, the new track will enable her to fulfill her career ambitions.

“This is the type of degree I wanted. I’m not a research person, and I really want to work with children and adolescents,” says Kulik, who is also considering the master’s program in school counseling at Southern.

Students can apply for the clinical concentration in their sophomore year. Students must submit an essay, meet a GPA requirement, and receive at least a

“B” in their general psychology class.

While the requirements and expectations for students in the new track are elevated, undergraduate students—both current and former—can appreciate the opportunities the new concentration offers.

“The new concentration is a necessary addition to Southern’s program,” says Katie Browne, a mental health counseling graduate student. “I wish the clinical psychology concentration had been offered when I was an undergraduate.”

Other students have already expressed excitement and interest about the new track, Mitchell says.

“This new concentration is excellent,” Mitchell says. “It promotes Southern’s program while preparing students to be practitioners and clinicians.”

# School of Education and Psychology

# 2010 Graduates

“People rarely succeed unless they have fun in what they are doing.”

— DALE CARNEGIE, AMERICAN WRITER

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SOUTHERN MEMORIES AND SOUTHERN'S WEBSITE



**Name:**  
Cole Awdish  
**Degree:** B.S., Psychology,  
I-O Concentration  
**Hometown:**  
Cortez, Colorado  
**Future Plans:** Work  
while applying to  
graduate school in 2011



**Name:**  
Carli Bernhardt  
**Degree:**  
B.A., Liberal Arts-Ed  
**Hometown:**  
Chicago, Illinois  
**Future Plans:** Obtain  
graduate degree in  
administration



**Name:**  
Katrina Bradt  
**Degree:**  
B.S., Psychobiology  
**Hometown:**  
Georgetown, Tennessee  
**Future Plans:** Attend  
medical school in a year



**Name:**  
Renae Chambers  
**Degree:**  
B.A., Psychology  
**Hometown:**  
Miami, Florida  
**Future Plans:** Develop  
skills as art therapist at  
summer camp



**Name:**  
Edwin Davidson  
**Degree:** B.S., Outdoor  
Emergency Services  
**Hometown:**  
Owasso, Oklahoma  
**Future Plans:** Finish  
instrument rating, then  
serve as missionary



**Name:**  
Brittany Friedrich  
**Degree:**  
B.A., Liberal Arts-Ed  
**Hometown:**  
Orlando, Florida  
**Future Plans:** Find a  
job in Florida, travel  
the world, enjoy life



**Name:**  
Dessie Hoelzel  
**Degree:**  
B.A., Psychology  
**Hometown:**  
Caledonia, Ontario  
**Future Plans:** Pursue  
master's in social work  
at Southern



**Name:**  
Jason Janetzko  
**Degree:**  
B.A., Psychology  
**Hometown:** Asheville,  
North Carolina  
**Future Plans:** Pursue  
master's in school  
counseling



**Name:**  
Emily Jewell  
**Degree:** B.S., Psychology,  
I-O Concentration  
**Hometown:**  
Louisville, Kentucky  
**Future Plans:** Pursue  
doctorate in clinical  
psychology in Atlanta



**Name:**  
Laura Jimenez  
**Degree:**  
B.A., Psychology  
**Hometown:**  
Dayton, Ohio  
**Future Plans:** Obtain  
master's of education  
in special education



**Name:**  
Nika Kalynovska  
**Degree:** B.S., Psychology,  
I-O Concentration  
**Hometown:**  
Sevastopol, Ukraine  
**Future Plans:** Work  
for a year, then go to  
graduate school



**Name:**  
Katie Kaufmann  
**Degree:**  
B.A., Liberal Arts-Ed  
**Hometown:**  
Bregenz, Austria  
**Future Plans:** Get  
married, minister to  
Muslims in Jordan





**Name:**  
Caitlyn McCrain  
**Degree:** B.S., Outdoor  
Ed-Counseling  
**Hometown:**  
Loveland, Colorado  
**Future Plans:** Pursue  
graduate degree in  
social work



**Name:**  
Gretell Morell  
**Degree:**  
B.A., Psychology  
**Hometown:** Hickory,  
North Carolina  
**Future Plans:** Attend  
physical therapy school  
in Florida, get married



**Name:**  
Veronyka Perez  
**Degree:**  
B.A., Liberal Arts-Ed  
**Hometown:**  
Miami, Florida  
**Future Plans:** Return  
to Florida and work in  
an Adventist school



**Name:**  
Tami Ritterskamp  
**Degree:**  
B.A., Psychology  
**Hometown:**  
Memphis, Tennessee  
**Future Plans:** Take a  
break from school



**Name:**  
Jonathan Rodriguez  
**Degree:** B.S., Outdoor  
Education-Outdoor  
Ministry



**Name:**  
Rachel Sissac  
**Degree:**  
B.A., Psychology  
**Hometown:**  
Chicago, Illinois  
**Future Plans:** Attend  
graduate school



**Name:**  
Ashley Taylor  
**Degree:**  
B.A., Liberal Arts-Ed  
**Hometown:**  
Madisonville, Kentucky  
**Future Plans:** Open a  
Christian, experiential  
learning-based school



**Name:**  
Eleni Tesch  
**Degree:** B.S., Outdoor  
Leadership-Business  
**Hometown:**  
Jonesboro, Arkansas  
**Future Plans:** Get a  
job or go to graduate  
school



**Name:**  
Marlin Thorman  
**Degree:** B.S., Outdoor  
Ldsp-Outdoor Ministry  
**Hometown:**  
Ooltewah, Tennessee  
**Future Plans:** Attend  
Chattanooga State, get  
associate's in fire science



**Name:**  
Casey Walter  
**Degree:** B.S., Outdoor  
Education-Counseling



**Name:**  
Natasha Wilson  
**Degree:**  
B.A., Psychology  
**Hometown:** Fort  
Lauderdale, Florida  
**Future Plans:** Pursue  
graduate degree in  
school counseling



**Name:**  
Shawna Avila  
**Degree:** M.S., Clinical  
Mental Hlth Counseling  
**Hometown:**  
Collegedale, Tennessee  
**Future Plans:** Get  
into a good doctoral  
program in 2011



**Name:**  
Jim Buller  
**Degree:** M.S.Ed.,  
Outdoor Teacher  
Education  
**Hometown:**  
Durango, Colorado  
**Future Plans:** Follow  
God's leading



**Name:**  
Patricia Darville  
**Degree:** M.S., Clinical  
Mental Hlth Counseling  
**Hometown:**  
Calhoun, Georgia  
**Future Plans:** Working  
at Fortwood, searching  
for a permanent job



**Name:**  
Elida Pacheco-Navarro  
**Degree:**  
M.S., School Counseling  
**Hometown:**  
Barranquilla, Columbia  
**Future Plans:** Obtain  
a job as a school  
counselor

### Also Graduating:

Stephen Welch, with a M.S.Ed. in Outdoor Teacher Education  
Cynthia Grange, with a M.S.Ed. in Inclusive Education



# School of Education and Psychology Faculty Updates

**Krystal Bishop** was recently recognized as the Advisor of the Year for the 2009-10 academic year at Southern. Bishop is working on coordinating a themed issue (about engaging student genre studies) for *The Journal of Adventist Education*. She looks forward to exploring West Virginia during her summer vacation.

**Dan Burks** is looking forward to the graduation of his son, Hunter, from high school in May.

**Myrna Colon** will visit Israel with Southern faculty and administrators in May. She will also be team leader of an evangelistic group of Southern students. The group is going to Guatemala to preach for three weeks in July.

**Rob Coombs** is excited that he and his wife, Janet, will become grandparents in June with the arrival of their daughter's child. This summer, Coombs will teach Sexuality: Issues in Therapy, a graduate class at Southern. He will also continue his research on a local home for at-risk teen boys, and he hopes to complete a book on family life.

**Alberto dos Santos** is retiring after serving for 46 years in education. Dos Santos and his wife, Joan, are moving to Panama, where the couple will snorkel in the Caribbean Gulf, visit beaches, and spend time with friends. His plans include preparing a chicken pen and working with the many fruit trees on their property. He also plans to present religious and psychology-related seminars, as well as provide free psychological services at the local health center.

**Freddy Fuentes** is energized about the emphasis on Christ in the classroom as he finishes his second year at Southern. Fuentes is anticipating a summer vacation with his family to his



**Ruth WilliamsMorris holds a gift from a former student, a ceramic container with the inscription, "Ashes of Problem Students." (Photo by Fred Boettcher)**

**Ruth WilliamsMorris** is continuing her research into the spiritual practice of prayer and how it relates to the health and socioemotional issues of college students. She is also examining how much new research on brain health is being filtered to and understood by the general population. Finally, she is reading books on the psychology of evil.

hometown of Luquillo, Puerto Rico, where he will enjoy time in the rain forest and at the beach.

**Faith Laughlin** is enjoying time with her son before he leaves for Shenandoah

Academy in Virginia to join his sister in school. Laughlin jokes that she will have to "adopt some college kids." This summer, she will teach an ESL class for guest professors from Argentina as part of a professional exchange program. She will also work on her doctorate. She hopes to complete her study of the classroom methods used for foreign language teaching and defend her dissertation in August.

**Marty Miller** enjoyed his first year as an assistant professor for outdoor leadership classes. He recently led a group of 11, which included six students, on a winter mountaineering trip in Colorado.

**Colleen Mitchell** and her husband, Maleek, announce the birth of their second child, a boy named Malcolm Maleek. She is looking forward to some rest and relaxation on maternity leave.

**Cathy Olson** introduced the Flat Stanley social studies strategy to students at the elementary school in Montrose, Colorado, in March. The students made paper dolls to mail to family or friends along with a letter, asking people to take their doll to some geographical or historical sites and then return the doll along with photographs of Flat Stanley in that place. The students planned to make a bulletin board showing where their paper dolls visited and learn about the places.

**John Wesley Taylor V** had two articles published in *The Journal of Adventist Education* recently, titled "Introducing politics in the classroom" and "Awakening aesthetic awareness." He has delivered presentations on education and faith in Korea, Argentina, Mexico, and Portugal. He has also served as a reviewer of several academic journals.



# School of Education and Psychology Alumni Updates

**Sharon Richards**, '06, is working as an adjunct professor for the School of Education and Psychology. She is pursuing her doctorate in educational psychology. She obtained her graduate degree from the University of Tennessee-Chattanooga in industrial/organization psychology and worked in several human resource offices.

**Caleb Robinson**, '07, and his wife, Jennifer, live near Nashville, Tennessee. Caleb teaches 10 students in grades three through five at Ridgetop Adventist Elementary School. The couple bought a house a year ago and acquired a dog named Reginald a few months later. Caleb plans to return to Southern temporarily in June to take an education class to maintain his certification.

**Allison Zollman**, '07, taught kindergarten at Beavertdale Elementary in Dalton, Georgia, for two years before moving to Dayton, Ohio, last year to become a kindergarten teacher. Allison plans to get married in June and stay in the Dayton area.



**Southern graduate Lindsey Sands, right, learned to speak some Thai with the help of a friend while in Wiang Pa Pao, a city in northern Thailand.**

**Lindsey Sands**, '09, spent time overseas on a mission trip in Thailand and Cambodia. The outdoor education graduate assisted with building living facilities for

orphanages, which provide safety and shelter to children who have been abused. Lindsey also helped the children learn English in the classroom.

**Lara Williams**, '07, has been in Taiwan for 1 1/2 years. She is involved in the ground roots of a burgeoning organization that hires Seventh-day Adventist teachers to run English immersion programs. She says she is falling in love with the history, culture, and people—quite a difference from her Southern roots. Between school and summer camp, Lara works to inspire her students to enjoy English as she seeks to add to their international education.



**Southern graduate Lara Williams, right, samples the fried fish eggs during Thanksgiving dinner in Taiwan while staff member Paul-Sam tries the All-American turkey for the first time.**

**Katrina Schreiner**, '08, was a tech resource teacher at A.W. Spalding Elementary in Tennessee for a year before she and her husband moved to Concord, New Hampshire. Katrina is the principal and teacher at Capital Christian School for 11 students in grades one through eight.

**Lindsay Martz**, '08, ended up in Loma Linda, California, after graduating from Southern. She works for Quiet Hour Ministries as their international evangelism coordinator. Lindsay also teaches a drawing class at California Preparatory College, a private, non-denominational college in Redlands.

*Let us know your latest news! Send your alumni updates to [edpsych@southern.edu](mailto:edpsych@southern.edu)*





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